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PUERTO RICO, quilt instructions on CD page 120

On the CD*

Note: Use the zoom feature on your computer to see every detail of each block/quilt.

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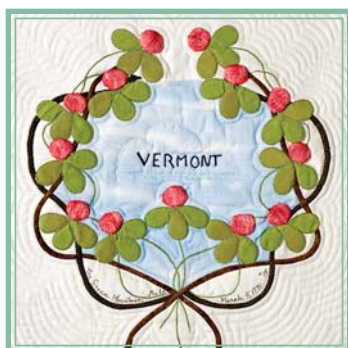
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** If you do not have computer printing access, take the CD to your library or an office store, or call AQS for alternate pattern arrangements.*

Sewing Instructions for State Flower Blocks

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HAWAII

50th state—August 21, 1959



25" x 25"

Made and hand quilted by the author

(Pattern and flower, state, and historical information on the CD)

Yellow Hibiscus Pua Aloalo - endangered but thriving

Design Area	12" square
Block Size	14" square
Wreath Type	Crescent wreath with landscape center
Techniques	Appliqué, ribbon work
Design Source	Original

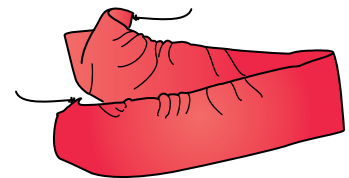
Flower Construction

This landscape wreath was created for a class I taught at Quilt Hawaii in Waikiki Beach, Honolulu, several years ago. The classroom windows were facing Diamond Head with the blue Pacific Ocean in front of it. The view was an inspiring sight for the class project.

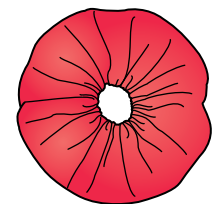
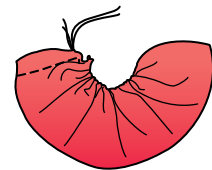
For ribbon flowers:

★ Cut 12" lengths of #9 (1½" wide) red or golden yellow wire-edged ribbon. You will need 1 yard. Expose the wire from both ends of the cut edges. Hold the wire and gently slide the ribbon toward the middle. Gather as tightly as possible WITHOUT breaking the wire. If you do break it, you'll have to gather with a needle and thread.

★ Secure the gathers by wrapping the wires around the two ends.



★ Bring the ends together and form a flat circle. Sew the seam.



(Continued on page 28)

KANSAS

34th state—January 29, 1861



23" x 23"

Made and hand quilted by the author and machine quilted by Ellen Peters
(*Pattern and flower, state, and historical information on the CD*)

Sunflower—golden abundance on the prairie

Design Area	8" square
Block Size	14" square
Wreath Type	A 4-block set with a center opening
Techniques	Piecing, appliqué
Design Source	Variation on a traditional pieced block

Flower Construction

This is a traditionally pieced sunflower block with a variation of appliquéd petals. It was great fun stitching this sunny block during a cold New England winter.

- ★ Piece the 4 blocks using a variety of golden yellow fabrics for the many petals.
- ★ Appliqué the overlapping petals on top of the pieced blocks.
- ★ Add a brown circular center with a bit of batting underneath.



- ★ Sew the 4 blocks together and add an inner border strip with a wreath of appliquéd sunflower leaves.
- ★ Add prairie points instead of traditional binding to mimic the flower petals of the sunflower and rays of sunshine.

MAINE

23rd state—March 15, 1820



22" x 22"
 Made and hand quilted by the author
 (Pattern and flower, state, and historical information on the CD)

White Pine Tree Tassel and Cones—stylish form and function

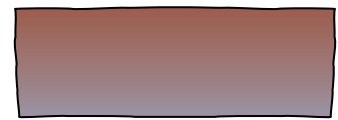
- Design Area** 10" x 11"
- Block Size** 13" x 14"
- Wreath Type** Asymmetrical L-shaped crescent
- Techniques** Appliqué, ribbon work, floss embroidery
- Design Source** Original interpretation of a traditional design; inspired by the Wild Rose block pattern (Carrie Hall Blocks by Bettina Havig, AQS, 1999)

Flower Construction

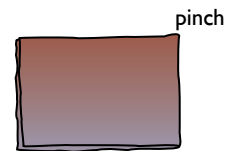
Appliquéd bias stems with embroidered pine needles, a chickadee, and dimensional pine cones from wire-edged ribbon make this vintage crescent wreath.

Pine Cone

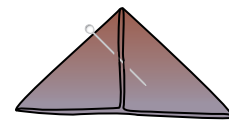
★ Cut 26" of #5 (1" wide) wire-edged ombré brownish ribbon into 2" strips. Remove the wire from the lighter-colored side of the ribbon.



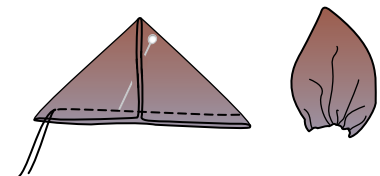
★ Fold the ribbon in half with the 2 cut edges together. Pinch the wired fold edge.



★ Unfold and fold the wired edge down to the center. Pin to hold in place.



★ Stitch across the bottom with doubled quilting thread. Gather tightly to form a "tent" shaped pine cone scale. Make 6 scales per cone.



(Continued on page 38)

WASHINGTON

42nd state—November 11, 1889



16" x 14"

Made and hand quilted by the author

(Pattern and flower, state, and historical information on the CD)

Coast Rhododendron—toxic but quick to grow

Design Area 13" x 7"

Block Size 16" x 14"

Wreath Type Postcard format of a landscape with a floral base

Techniques Appliqué, silk ribbon embroidery, Fabrico marker, floss embroidery

Design Source Original

Flower Construction

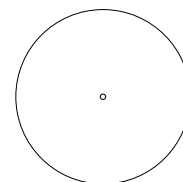
Skydyes hand-painted fabrics provided the perfect background, mountain, and foliage.

★ Trace the shape of Mt. Rainier and appliqué it onto the background fabric.

★ Draw 3 circles on a separate piece of light purple fabric for the bases for the floral embroidery—one 3½" diameter center circle and two 2½" diameter circles. Draw the circles about 1" apart from each other.

★ Using a pencil, draw a series of guide circles inside the larger circles, using a light touch. Have the smaller circles overlap each other. Draw a center point inside each circle to help center the petals. The flower petals will be embroidered inside these guide circles.

Note: These guide circles are optional if you wish to just go for it!



★ Embroider the blossoms using Superior Threads variegated silk ribbon 7mm #112 Hydrangea or #111 Berry. You will need 2 packages of 3 yards each.

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WEST VIRGINIA

35th state—June 20, 1863



22" x 20"

Made by the author and machine quilted by Ellen Peters
(Pattern and flower, state, and historical information on the CD)

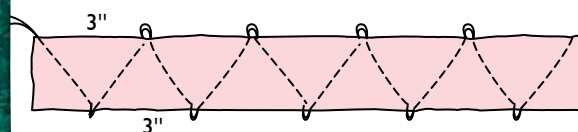
Big Laurel—big, bold, and beautiful

Design Area	10" square
Block Size	13" x 12"
Wreath Type	Open laurel victory wreath
Techniques	Appliqué, ribbon work
Design Source	Original

Flower Construction

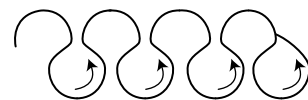
You will need 2 yards of #9 (1½" wide) light pink wire-edged ribbon. Use a soft pink that combines two different textures to make a beautiful blossom.

★ Ruche a zigzag pattern of triangles at 3" intervals. Be sure that the thread loops over the top and bottom edges of the ribbon before stitching the diagonal sides of the triangles.



★ Pull the thread and gently gather after stitching 2 or 3 triangles. Gather the ribbon to a length of 15".

★ Spread the petals open so they are rounded in shape. Fold the bottom petals up so they lie between the top petals. Do this for about 6".



★ Draw a 3" diameter circle on a square of crinoline.

★ Arrange the ribbon petals in a tight center circle on a crinoline base and secure from behind with a pin to hold it in place.



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